Contact: **XXXXX**

Phone: **XXXXX**

Email: **XXXXX**

Kill date (day after lecture): **XXXXX**

Looking for freedom?

Explore your possibilities

**(Insert City):**  Heike Arneth, practitioner of Christian Science healing and international speaker will present her talk, “**Take Hold of Your Divine Freedom**,” on date, time, and location information.

The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus’ life and teachings, showing how they are available for anyone to understand and experience through the lens of Christian Science. The talk is free, open to the community, and hosted by Church name: i.e. “First Church of Christ, Scientist, in” town name.

“In the midst of hopelessness and resignation, the desire for liberation from limitation and isolation has come to the forefront,” says Mrs. Arneth. “To feel and be free is not just a dream, but a divinely present reality.”

Sharing examples of healing from her own life and professional practice of Christian Science, Mrs. Arneth will explain why Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves, as fully described in the book *Science and Health with Key to the Scriptures*, written by the founder of the Christian Science movement, Mary Baker Eddy.

Mrs. Arneth will also touch on the life of Mary Baker Eddy, who came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus’ demand, “He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father” (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, experiencing healings of physical ills and personal difficulties.

Since childhood, Mrs. Arneth has felt a huge love for Christ Jesus. Christian Science showed her that Jesus’ life has direct application to today. This connection then translated into a deeper love for all the rest of creation, for fellow men and women. She has now been a Christian Science practitioner for many years, helping people find the healing and freeing effects of turning to God through prayer.

Based in Munich, Germany, Mrs. Arneth is available to speak to audiences around the world as a member of the Christian Science Board of Lectureship.

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