Contact: **XXXXX**

Phone: **XXXXX**

Email: **XXXXX**

Kill Date: **XXXXX**

***When we need more***

*How to help others at the same time*

**WHAT**: “**Giving freely of ourselves and what we all gain**,” a talk by practitioner of Christian Science healing and international speaker, Melanie Wahlberg. The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus’ life and teachings, showing how they are available for anyone to understand and experience through the lens of Christian Science. The talk is free, open to the community, and sponsored by Church name: i.e. “First Church of Christ, Scientist, in” town name.

**WHY**: “When we feel overwhelmed by life’s problems, we may want to try to get more from the world,” says Ms. Wahlberg. “But when we do the opposite–give more of ourselves or focus on the God-given qualities we already have to express or contribute, we find that we end up not lacking anything. Really, we gain the unexpected good of joy, health, and strength that move our lives and the world forward.”

Sharing examples of healing from her own life and professional practice of Christian Science, Ms. Wahlberg will explain why Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves, as fully described in the book *Science and Health with Key to the Scriptures*, written by the founder of the Christian Science movement, Mary Baker Eddy.

Ms. Wahlberg will also touch on the life of Mary Baker Eddy, and how she came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus’ demand, “He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father” (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, with healings of physical ills and personal difficulties.

**WHEN**: date, time

**WHERE**: location information

**WHO**: Melanie Wahlberg has been a Christian Science practitioner for many years, helping people on a daily basis through this scientific approach to prayer. She travels from her home base near Los Angeles, California, to speak to audiences around the world as a member of the Christian Science Board of Lectureship.

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