Contact: **XXXXX**

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Kill Date: **XXXXX**

***When held back by fear***

*Find strength to move forward with divine Love*

**Insert City:** Lisa Troseth, practitioner of Christian Science healing and international speaker, will present her talk, “**Moving past fear - to healing**,” on date, time, location information.

The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus’ life and teachings, showing how they are available for anyone to understand and experience through the lens of Christian Science. The talk is free, open to the community, and sponsored by Church name: i.e. “First Church of Christ, Scientist, in” town name.

“Fear can be overcome and even healed in our lives by discovering the strong connection and relationship we have to something bigger than ourselves—God,” says Troseth. “By learning to lean and rely on this greater, higher good, we can feel moved to love beyond ourselves—and this frees us from fear and so much more.”

Sharing examples of healing from her own life and professional practice of Christian Science, Troseth will explain why Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves, as fully described in the book *Science and Health with Key to the Scriptures*, written by the founder of the Christian Science movement, Mary Baker Eddy.

Troseth will also touch on the life of Mary Baker Eddy, who came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus’ demand, “He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father” (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, experiencing healings of physical ills and personal difficulties.

Lisa Troseth has been a Christian Science practitioner for many years, helping people on a daily basis through this scientific approach to prayer. She travels from her home base in Rogers, Arkansas, to speak to audiences around the world as a member of the Christian Science Board of Lectureship.

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