Contact: **XXXXX**

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Kill Date: **XXXXX**

***Prayer that makes a difference***

*Uplifted life and health*

**Insert City:** “Are prayer and healing for you? Even if you have no experience with spirituality or religion, or you’re not even sure what you think about God, can you still pray and be healed?” askspractitioner of Christian Science healing and international speaker Nate Frederick, who will present his talk, “**Learn to pray and heal (a spiritual adventure)**,” on date, time, location information. Visit branch’s website address for more information.

“Yes,” continues Mr. Frederick, “because prayer and healing are natural to us, and I say this as one who didn’t even grow up in a religious household. But what I’ve discovered as I’ve studied Christian Science is that a willingness to shift perspectives, to see things in a new, more spiritual way, has a beneficial effect—for anyone.”

The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus’ life and teachings, showing how they are available for anyone to understand and experience through the lens of Christian Science. The talk is free, open to the community, and hosted by Church name: i.e. “First Church of Christ, Scientist, in” town name.

Sharing examples of healing from his own life and professional practice of Christian Science, Mr. Frederick will explain why Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves, as fully described in the book *Science and Health with Key to the Scriptures*, written by the founder of the Christian Science movement, Mary Baker Eddy.

Mr. Frederick will also touch on the life of Mary Baker Eddy, who came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus’ demand, “He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father” (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, experiencing healings of physical ills and personal difficulties.

Nate Frederick has been a Christian Science practitioner for many years, helping people on a daily basis through this scientific approach to prayer. Based in New England, Mr. Frederick speaks to audiences around the world both in-person and online as a member of the Christian Science Board of Lectureship.

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