Contact: **XXXXX**

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**Inspired ideas**

 **Lead to practical solutions for today’s issues**

Melanie Wahlberg, practitioner of Christian Science healing and international speaker, will present her talk, “**Never Alone: How spiritual ideas work in us**,” on [date, time, location information].  The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus’ life and teachings, and show how they are available for anyone to understand and experience. The talk is free, open to the community, and is sponsored by [church name: i.e. “First Church of Christ, Scientist”].

“In the middle of difficult circumstances, it would be so reassuring to feel supported in our efforts for progress, instead of feeling alone. In this talk,” says Wahlberg, “I discuss what I’ve found helpful in my practice of Christian Science healing: that God loves us deeply, is an active presence of good in our lives, and provides fresh ideas about our spiritual nature that wipe away fear and reveal inspired solutions.”

Wahlberg will discuss the approach to spirituality and well-being that explains these ideas, Christian Science, and share examples of healing from her own life and the lives of others. She will explain why Christian Science is both Christian and scientific, meaning that anyone can prove its effectiveness for themselves. The practice is fully described in the book *Science and Health with Key to the Scriptures*, written by the founder of the Christian Science movement, Mary Baker Eddy.

Wahlberg will also touch on the life of Mary Baker Eddy, a mid-nineteenth century woman from New England, and how she came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus’ demand, “He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father” (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have also worked to follow Christ Jesus in this practice of Christianity and continue to do so today, with healings of physical ills and personal difficulties for themselves and others.

Melanie Wahlberg has been a practitioner of Christian Science healing for many years, helping people on a daily basis through this scientific approach to prayer.  She travels from her home base in Lake Forest, CA, to speak to audiences as a member of the Christian Science Board of Lectureship.