FOR IMMEDIATE RELEASE

Contact: **XXXXX**

Phone: **XXXXX**

Email: **XXXXX**

Kill date (day after lecture): **XXXXX**

Looking for freedom?

Explore your possibilities

**(Your City):**  People everywhere are looking for solutions and freedom from fear and uncertainty. Worldwide, they are turning to prayer for answers. “In the midst of hopelessness and resignation, the desire for liberation from limitation and isolation has come to the forefront,” says Mrs. Heike Arneth, practitioner of Christian Science healing and international speaker. “To feel and be free is not just a dream, but a divinely present reality.”

Mrs. Arneth presents a live webinar titled, “**Take Hold of Your Divine Freedom**,” on **(date, time, location or livestream link)**. Mrs. Arneth’s ideas are based on the teachings of Christ Jesus as recorded in the Bible and as discussed in the book *Science and Health with Key to the Scriptures* by Mary Baker Eddy, a dedicated follower of Jesus and the Discoverer and Founder of Christian Science.

“I will explore ideas that go beyond the common concepts of freedom, lifting the understanding of freedom out of limitations, showing the practical application to our lives today,” says Mrs. Arneth. “I will discuss the approach to spirituality and well-being that explains these ideas, Christian Science, and share examples of healing from my own life and the lives of others.” The talk is free and open to the community, hosted by **(church name)** in **(city name)**.

Since childhood, Mrs. Arneth has felt a huge love for Christ Jesus. Christian Science showed her that Jesus’ life has direct application to today. This connection then translated into a deeper love for all the rest of creation, for fellow men and women. She started to witness the effectiveness of the Christian Science approach to prayer, and as a result studied its precepts more earnestly. In 2005, Mrs. Arneth began committing her full time to her profession as a Christian Science practitioner, helping people find the healing and freeing effects of turning to God through prayer.

Based in Munich, Germany, Mrs. Arneth is available to speak to audiences around the world as a member of the Christian Science Board of Lectureship.

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For more information or to arrange an interview, contact **XXXXX**.