**IMMEDIATE RELEASE**

Contact: **XXXXX**

Phone: **XXXXX**

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Kill Date: **XXXXX**

***“Angry No More”***

*How this is possible to achieve*

**Insert City:** Michelle Nanouche, practitioner of Christian Science healing and international speaker, will present her talk, “**Angry no more: from hurt to health through forgiveness**,” on date, time, location information.

The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus’ life and teachings, showing how they are available for anyone to understand and experience through the lens of Christian Science. The talk is free, open to the community, and sponsored by Church name: i.e. “First Church of Christ, Scientist, in” town name.

“For those who have felt victimized by their circumstances, trailed by a sad past, or who are marked by abuse, this lecture offers insights that neutralize perpetual reaction to pain and anger. The spiritual reasoning through prayer, taught in Christian Science, opens the door for peace, forgiveness, restoration and progress,” says Nanouche.

Sharing examples of healing through prayer of emotional, mental and physical issues stemming from unhealed anger in her own life, Nanouche will explain why Christian Science is both Christian and scientific. This means that people can prove its effectiveness for themselves, as fully described in the book *Science and Health with Key to the Scriptures*, written by the founder of the Christian Science movement, Mary Baker Eddy.

Nanouche will also touch on the life of Mary Baker Eddy, a mid-nineteenth century woman from New England, who came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus’ demand, “He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father” (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, with healings of physical ills and personal difficulties.

Michelle Nanouche has been a practitioner of Christian Science healing for many years, helping people on a daily basis through this scientific approach to prayer. Based in Paris, France, she speaks to audiences around the world as a member of the Christian Science Board of Lectureship.

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