**IMMEDIATE RELEASE**

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***Spiritual Christianity that restores health***

*The dependable healing power of Christ’s Christianity*

Kari Mashos, practitioner of Christian Science healing and international speaker, will present her talk, “**Spiritual Christianity that restores health**”on [date, time, location information]. The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus’ life and teachings, and how they are available for anyone to understand and experience. The talk is free, open to the community, and sponsored by [church name: i.e. “First Church of Christ, Scientist”].

Mashos says, “Restoration is a theme most of us can relate to: the hope for restoration of a relationship, finances, or even our physical and mental well-being. But how can this be done? There is a method of restoration that regenerates our lives, called Christian Science. It is a spiritual awakening to what we always have and can never lose--the love of the all-good God. This awakening has a natural healing effect. We’ll explore this theme in more depth.”

Mashos will share examples of healing and restoration from her own life. She will also explain how Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves. The practice is fully described in the book *Science and Health with Key to the Scriptures*, written by the founder of the Christian Science movement, Mary Baker Eddy.

Mashos will touch on the life of Mrs. Eddy, a mid-nineteenth century woman from New England, who came to understand, confirm, and teach what she felt was original Christian healing. Mrs. Eddy herself was especially inspired by Jesus’ demand, “He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father” (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, with healings of physical ills and personal difficulties for themselves and others.

Kari Mashos has been a Christian Science practitioner and teacher for many years, helping people on a daily basis through this scientific approach to prayer. Based in both Maine, USA, and Athens, Greece, she speaks to audiences around the world as a member of the Christian Science Board of Lectureship.

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Kari Mashos is available for interviews. Please contact [**XXXXX**].